

EURAXESS Mentoring Program

Monthly meeting with invited speakers from Ukraine

20th Apr, 2022

Invited Speakers:

Igor Taranov,

Director of the Directorate of Science and Innovation of the Ministry of Education and Science,

Representatives

of Young Scientists Council

Olexandra Ivashchenko

Ukrainian researcher and volunteer at
#ScienceForUkraine

<https://scienceforukraine.eu/>

Mentoring Programme Coordinator – EURAXESS BHO at Sofia University “St. Kliment Ohridski”

The programme has been developed within the EURAXESS TOP IV project “EURAXESS Open to the World” and is financed by the European Commission under H2020-SwafS-2016-17, 786133



SOFIA
UNIVERSITY



ST. KLIMENT
OHRIDSKI
EST. 1888

euraxess 
RESEARCHERS IN MOTION

What we will introduce you to today?



- State of the art of the program
- Speakers from Ukraine – what is important for Ukrainian researchers?
- What are this first steps AFTER registering
- How to get best out of EURAXESS Mentoring program
- Tips and practical advice
- Discussion & sharing experience

Last update on the program - For the 1st year and 2 months



- Registered **822** researchers form all over the world
- From them **164** mentors
- Working/ finished **couples 170**

EURAXESS Mentoring Programme

Find a Mentor / Mentee

Contact a Mentor / Mentee

Choose some options

Years of research experience

Choose some options

Save search

Name *

Saved search

Notification interval *

- Select -

✓ SAVE SEARCH

From the website:
30 main specialties

Researchers based
in > 50 countries

Promote among your colleagues – we need more **MENTORS!**
<https://mentoring.euraxess.bg/user/register>

EURAXESS Mentoring Programme



ABOUT US

FIND A MENTOR / MENTEE

NEWS

MY ACCOUNT

LOG OUT



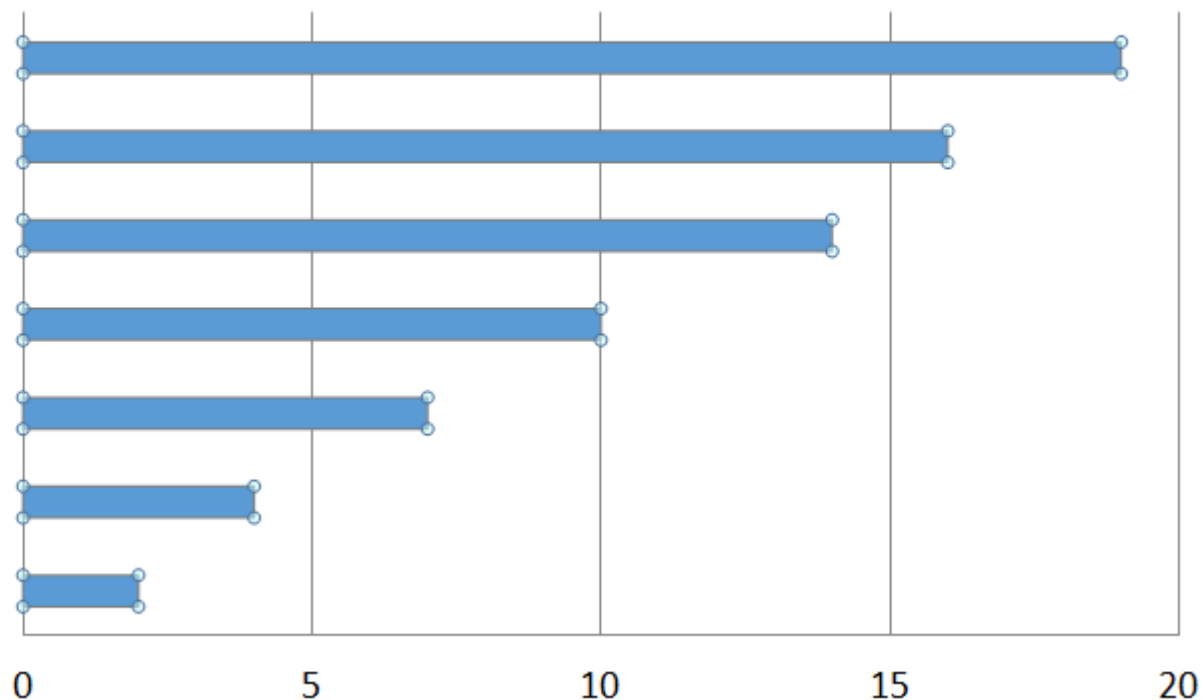
Mentoring Programme “Shape the
Researcher coming to Europe”

The most often topics of the mentoring couples are:



Topics for discussions

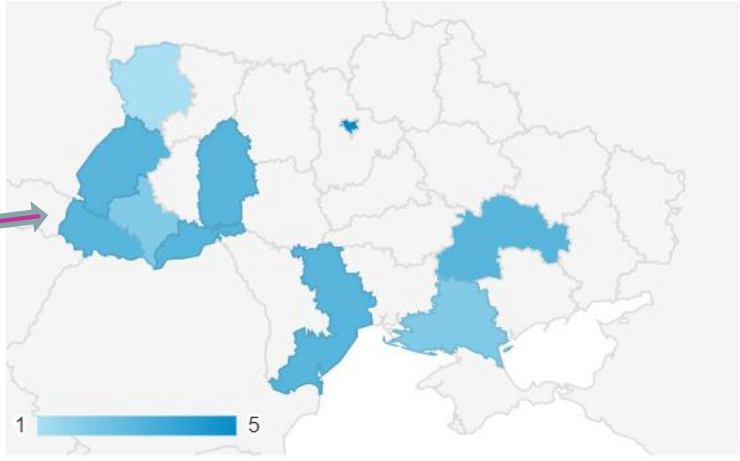
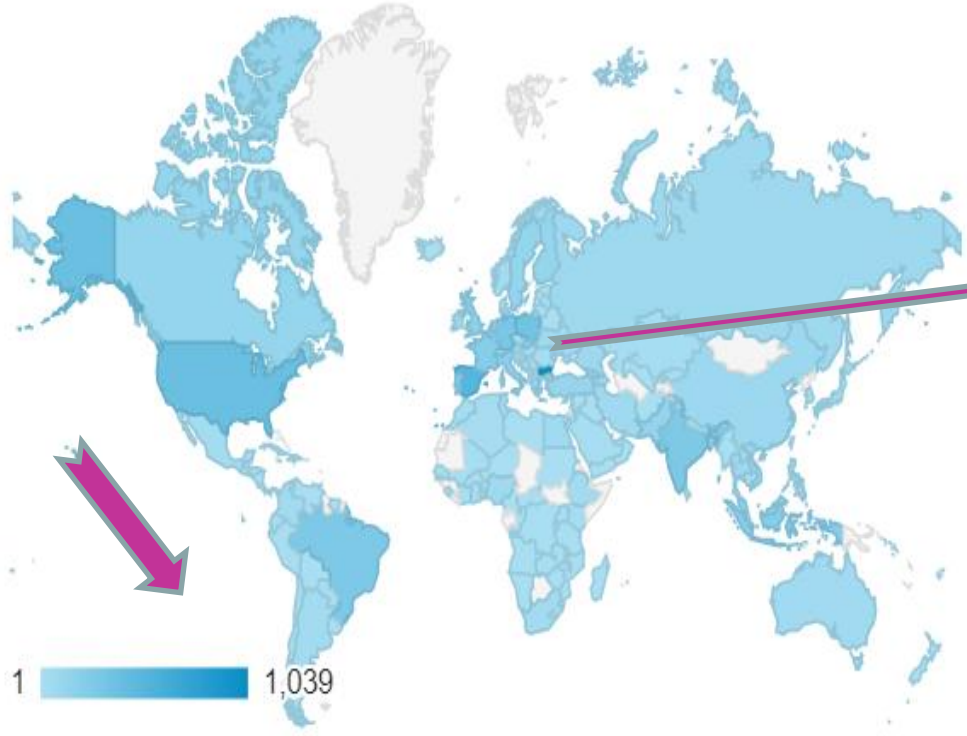
- Career Counseling
- Publications and presentations
- Advancing the professional networking opportunities
- Funding opportunities
- Career Opportunities outside academia
- Open Science policies
- Other



The Mentoring Programme map Google Analytics – No of visits

**Ukraine – up to 9th place
from 27th for the last 1.5
month**

**Growth by 300 visits
for the last month!**

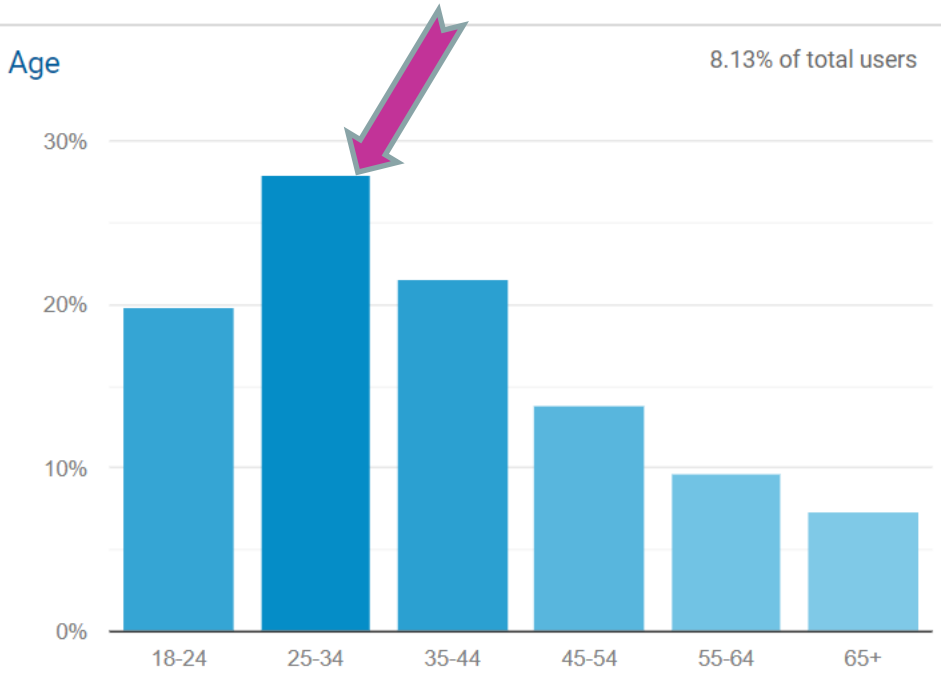


**Only 5 is the highest
No of visits**

Updated data – Google Analytics Visitors for the 1st year +1 month of operating

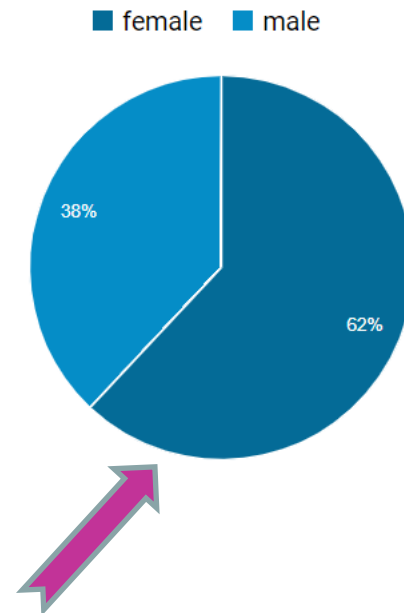


increasing



Gender

8.33% of total users



increasing



LinkedIn group for discussion

and sharing news & highlights

255 members of the LinkedIn group

Posts for the period of existing

- Lectures and webinars
- News and upcoming events
- Comments, Impressions and Recognition!
- Presenting mentors in the program
- Job announcements



Outcomes from the Survey on the monthly meetings

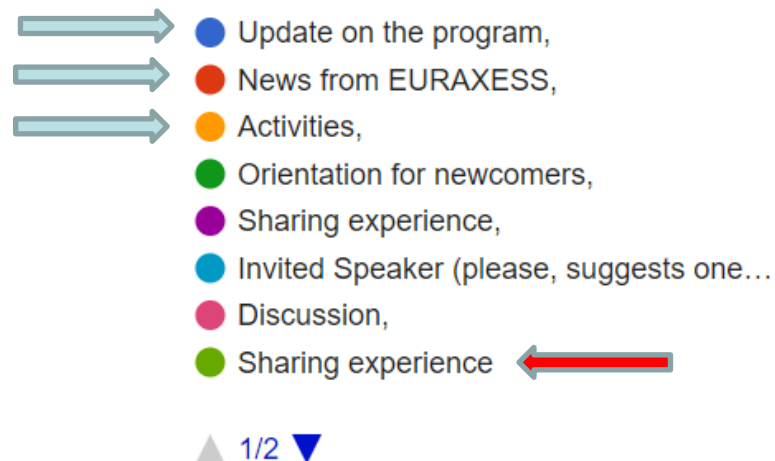
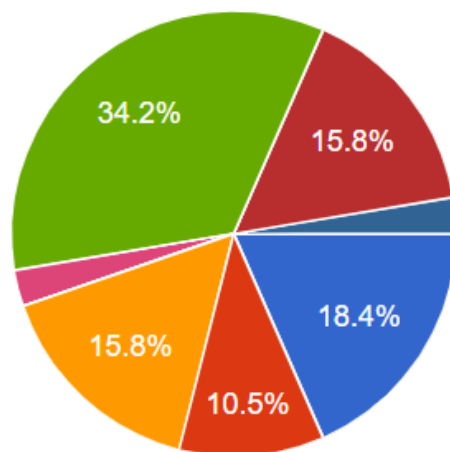


2. Do you consider that monthly meetings are important for the Mentoring program success?

100% yes
1 hour duration

5. What content is most relevant according to you?

38 responses



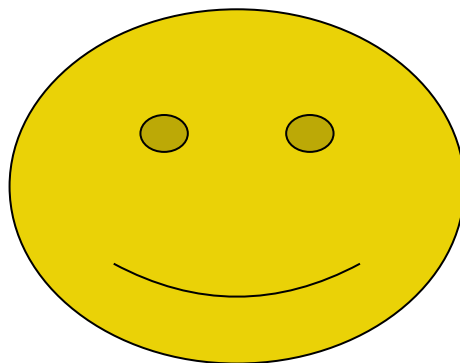
Survey on the monthly meetings

Open and waiting for your feedback! [Link to the survey](#)

How to get best out of EURAXESS Mentoring programs - "Shape the Future of a Researcher"?

The answer is simple 😊

YOU HAVE TO BE ACTIVE!





Should I do anything **AFTER** the registration – isn't there an **AUTOMATIC** matching?

What show the numbers?

➤ Most of the **MENTORS** wait and this is reasonable to a certain extent – some mentors search for a mentee/s

There are mentors that within the 1st year

- Had **5** and even **7** mentees
- Had none

➤ Most of the **MENTEES** ...also wait!!! **BUT WHY – No reason!**

There are mentees that within the 1st year

- Had **3** mentors
- Had **NONE!**

After REGISTRATION



MENTEE



- **Explore** the functionalities
- **Search** engine – **SAVE SEARCH OPTION**
- **Request** Mentorship – at least 2 at a time!
- **Prepare** for the 1st meeting

How to get best out of EURAXESS Mentoring program



MENTEE

- **Prepare** for the 1st meeting
- Short **CV**
- Be **ready to talk** about your research interests, motivation, difficulties & problems
- **Draft** your mentoring plan and send it in advance to your mentor
- List your **questions** to the mentor in order not to forget anything important



Drafting your Mentoring Plan



○ At least 3 of the predefined topics!



MENTEE

Contents

Topic 1. Career Counselling	1
Topic 2. Publications and presentations	2
Topic 3. Add topic that is of your interest	2
Topic 4. Add topic that is of your interest	3
Topic 5. Add topic that is of your interest	3
Topic 6. Funding opportunities	3



○ Prepare *questions* and *subtopics* for each topic!

MENTEE

Topic 2. Publications and presentations



How do you convert a result into a publication?

What are the criteria for a successful poster to be presented at an international conference?

Are there any good strategies to present in a postdoctoral interview?

What is the right way to present my work to the scientific community?

How can I improve my dissertation writing skills?

At the 1st meeting



MENTEE



- **Present** yourself and your interests
- **Ask** all questions that you are interested
- **Discuss** your proposal for mentoring plan with your mentor
- **Agree** on adjustments to the plan if needed
- **Make for yourself clear** what you have to prepare for the next meeting
- **Agree** on date and time for the next meeting

After REGISTRATION



MENTOR



- **Explore** the functionalities
- **Search** engine – **SAVE SEARCH OPTION**
- **Request** Mentorship – at least 2 at a time!
- **Prepare** for the 1st meeting

How to get best out of EURAXESS Mentoring program



Prepare for the 1st meeting

MENTOR



- Short **CV**
- Be **ready to talk** about your research interests, experience and abilities to support young researchers
- **Mark** which of the predefined topics and subtopics you're able to cover and **which new topics you'd suggest**, why they are important for a young researcher
- **List** your questions to the mentee in order not to forget anything important

At the 1st meeting



MENTOR

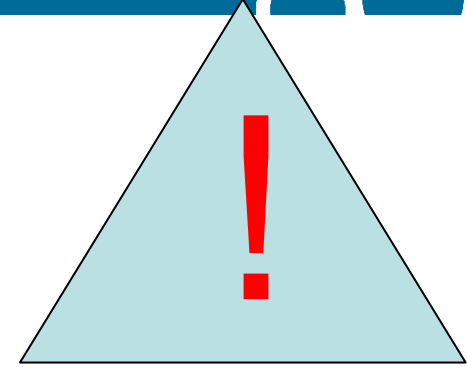


- **Present** yourself and your interests
- **Ask** all questions that you are interested
- **Discuss** mentee's proposal for mentoring plan
- **Make** suggestions and **agree** adjustments to her/his plan if needed
- **Make clear** what **you can** and what **you can not** do for her/him!
- **Make clear** to the mentee what you she/he has to prepare for the next meeting
- **Agree** on date and time for the next meeting

To both



Mentors & Mentees



- *Intercultural differences*
- *Research systems differences*
- *Organisational culture differences*
- *Personality specifics*
- *Psychological and emotional aspects of communication*

Follow ethical principals of the mentoring program!!!



MENTORING:

- Is successful when both sides are ACTIVE!
- Is WIN / WIN outcome!
- Help ALL researchers advance FASTER!
- Open the doors of the networking & cooperation!
- Make career choices better!



Build global research community!



MENTORING PATH



Mentoring as element of ERA4Ukraine initiative



- **Mentees from Ukraine** – register with abbreviation UA next to your name, example:
Olexandra Ivashchenko, UA
- **Mentors** - please, consider taking at least 1 mentee from Ukraine – look for mentee with abbreviation UA

IMPORTANT MESSAGES:

- **PUBLISH** opportunities for Ukrainian researchers on #Science4Ukraine
- Provide **REMOTE** opportunities for those that are in Ukraine – grants, jobs, fellowships
 - Provide **ACCESS** to international research infrastructure for displaced researchers
 - Provide opportunity for **VIRTUAL MOBILITY**
 - Provide **SUPPORT TO START-UPS**
 - Join as **MENTORS to EURAXESS** mentoring program to **TRAIN** Ukrainian researchers to apply for those

EURAXESS Mentoring Programme

“Shape the future of a Researcher Coming to Europe”



THANK YOU!

Should you have any questions:

<https://www.linkedin.com/groups/9090864/>

Contact us:

mentoring@fmi.uni-sofia.bg

EURAXESS cares about **Researchers!**

